- "Do you believe in miracles?" Al Michaels
- "It's not the size of the dog in the fight, but the size of the fight in the dog." Archie Griffin
- "Don't measure yourself by what you have accomplished, but by what you should have accomplished with your ability." John Wooden
- "It is not the size of a man but the size of his heart that matters." Evander Holyfield
- "One man can be a crucial ingredient on a team, but one man cannot make a team." Kareem Abdul-Jabbar
- "Ask not what your teammates can do for you. Ask what you can do for your teammates." Magic Johnson
- "A team is where a boy can prove his courage on his own. A gang is where a coward goes to hide."
- Mickey Mantle
- "Anyone can support a team that is winning it takes no courage. But to stand behind a team to defend a team when it is down and really needs you, that takes a lot of courage." Bart Starr
- "One finger cannot lift a pebble." Hopi Saying
- "No matter how far life pushes you down, no matter how much you hurt, you can always bounce back." Sheryl Swoopes
- "Champions keep playing until they get it right." Billie Jean King
- "Everyone talks about age, but it's not about age. It's about work ethic. Winning never gets old." Lisa Leslie
- "It ain't over 'til it's over" Yogi Berra
- "Set your goals high, and don't stop till you get there." Bo Jackson
- "It isn't hard to be good from time to time in sports. What is tough, is being good every day"
- Willie Mays
- "If you don't do whats best for your body, you're the one who comes up on the short end" -Julius Erving
- "Adversity cause some men to break; others to break records." William A. Ward
- "The Six W's: Work will win when wishing won't." Todd Blackledge
- "If you sacrifice early, you'll win late." Charles Haley
- "Never let your head hang down. Never give up and sit down and grieve. Find another way."
- Satchel Paige
- "I celebrate a victory when I start walking off the field. By the time I get to the locker room, I'm done." Tom Osborne
- "They call it coaching but it is teaching. You do not just tell them... you show them the reasons." "Having the capacity to lead is not enough. The leader must be willing to use it." Vince Lombardi
- "The best and fastest way to learn a sport is to watch and imitate a champion." Jean-Claude Killy
- "My responsibility is leadership, and the minute I get negative, that is going to have an influence on my team." Don Shula
- "To be prepared is half the victory." Miguel Cervantes
- "You have to expect things of yourself before you can do them." Michael Jordan
- "Sometimes it is more important to discover what one cannot do than what one can do." Lin Yutang
- "Face your deficiencies and acknowledge them. But do not let them master you." Hellen Keller
- "Every game is an opportunity to measure yourself against your own potential." Bud Wilkinson
- "The sterner the discipline, the greater the devotion." Pete Carill
- "It's lack of faith that makes people afraid of meeting challenges, and I believed in myself."
- Muhammad Ali