

LOS ANGELES UNIFIED SCHOOL DISTRICT

Venice High School

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Every Volleyball Player Must Know List

1. Practice like you want to play.
2. Forget the last play, focus on next.
3. Know who William G. Morgan is.
4. Know the sidelines.
5. Make sure you own any ball you kick out of frustration.
6. Never tip a bad set.
7. Never make the same mistake twice.
8. Keep your eyes open at all times.
9. Use your cut shot and tip until they touch it with both arms.
10. Play with the attitude that every ball is coming to you.
11. Serve the struggling or front court hitting passer.
12. Learn how to tape your own ankle, wrist, and fingers.
13. Maximize your best player at critical situations.
14. Talk during the play, not between plays.
15. Know that volleyball is life between contacts.
16. Maximize your strengths and attack your opponents weaknesses.
17. Serve in verses a weak team, aggressive verses a strong team.
18. If your losing make a change.
19. Never tip after getting blocked.
20. Remember to play volleyball with your feet, but be stationary at contact.
21. Never rent "Sideout."
22. Dump the ball when you are thinking, not confused.
23. Take a look before you shoot.
24. Go beyond the ball when playing defense.
25. Know where the ball is.
26. If you think you are playing your hardest, try a little harder.
27. When setting always go back to a hitter who just made a mistake.
28. Do not ever beat against the UCLA Men's volleyball team at the NCAA tournament.
29. Never tell your opponents the net is to high.
30. Set the block with your feet, block with your hands.
31. If setting, know the hitters and blockers.
32. Never pepper near a game.
33. Do more warm-ups drills with the net.
34. Always keep a volleyball near by.
35. Never expect to lose.
36. During practice, attack the better player for better practice.
37. Face where you are setting.
38. Read the block, then the hitter.
39. Have a shot for every set.
40. Block the low and hard angle one.

41. See the hitter hit the ball.
42. In passing, left is right and right is wrong.
43. Success depends on how badly you want to keep the ball off the ground.
44. Read “Zen and the Art of Motorcycle Maintenance” for perspective when all is failing.
45. Pronounce Karch’s last name correctly: Key-Rye, not Ka-rye or Ka-rally.
46. Play for the fun of the game.
47. Remember it is a lifestyle.